

## **ΒΙΟΓΡΑΦΙΚΟ ΣΗΜΕΙΩΜΑ**

**ΟΝΟΜΑΤΕΠΩΝΥΜΟ**  
**ΗΜΕΡ.ΓΕΝΝΗΣΕΩΣ**  
**ΔΙΕΥΘΥΝΣΗ**  
**ΤΗΛΕΦΩΝΟ**

ΘΩΜΑΣ Ι. ΔΟΔΟΥΡΑΣ, MD, FESC  
20 / 09 / 1965  
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### **ΕΚΠΑΙΔΕΥΣΗ ΚΑΙ ΙΑΤΡΙΚΗ ΠΡΟΥΠΗΡΕΣΙΑ**

1977-1983	Απόφοιτος Λυκείου (Βαθμός 18.46/20.00)
1984	Εισαγωγή στην Ιατρική Σχολή Αριστοτελείου Πανεπιστημίου Θεσ/νίκης
Καλοκαίρι 1985	Elective student στο Harvard Medical School, Boston, MA, USA
Καλοκαίρι 1987	Elective student στο Harvard Medical School, Boston, MA, USA
Καλοκαίρι 1989	Elective student στη Καρδιοχειρουργική Κλινική Νοσοκομείου ΑΧΕΠΑ Θεσ/νίκης
Καλοκαίρι 1990	Elective student Dept. of General Surgery στο East Birmingham Hospital, UK
1991	Πτυχιούχος Ιατρικής Σχολής Αριστοτελείου Πανεπιστημίου Θεσ/νίκης (Βαθμός 8.00/10.00)
1991-1992	Στρατιώτης Ιατρός Υγειονομικού
1992-1993	Αγροτικός Ιατρός Υγειονομικού Σταθμού Αλωνακίων, Κοζάνης
26/4-7/5/1993	3 <sup>ο</sup> Σεμινάριο Εταιρείας Συνεχιζόμενης Ιατρικής Εκπαίδευσης, Αθήνα
1993-1994	Ειδικευόμενος Ιατρός του Παθολογικού Τμήματος του Νοσοκομείου Ειδικών Παθήσεων Θεσ/νίκης
1994-1995	Ειδικευόμενος Ιατρός στην Καρδιολογική Κλινική του Νοσοκομείου ΑΧΕΠΑ, Θεσ/νίκης
1995-1998	Ειδικευόμενος Ιατρός στην Καρδιολογική Κλινική του Λαϊκού Νοσοκομείου Αθηνών
25/1/1999	Απόκτηση τίτλου ειδικότητας " Καρδιολογίας"

1999-2002	Επιστημονικός συνεργάτης στο Ηχοκαρδιογραφικό Εργαστήριο της 2ης Καρδιολογικής Κλινικής του Ωνασείου Καρδιοχειρουργικού Κέντρου
2000-	Καρδιολόγος, Νοσοκ. Υγεία
2001	Απόκτηση τίτλου "Ευρωπαϊού Καρδιολόγου" από το «European Board for the Specialty of Cardiology»
2005	Fellow της Ευρωπαϊκής Καρδιολογικής Εταιρείας
2-3 / 2005	Research Fellow στο Ηχοκαρδιογραφικό Εργαστήριο του Cleveland Clinic, Ohio, USA
3/2006-6/2010	ιατρός ΙΚΑ
10-21/11/2008	Fellow στο τμήμα cardiac-CT της καρδιολογικής κλινικής του Πανεπιστημίου του Erlangen
20-21/11/2008	CTA Interpretation Course, Πανεπιστήμιο του Erlangen-Nurnberg, Germany

#### **ΔΙΑΤΡΙΒΗ**

Μελέτη της ενδοθηλιακής λειτουργικότητας σε ασθενείς με ρευματοειδή αρθρίτιδα και θεραπεία με anti TNF-a (σε εξέλιξη)

#### **ΜΕΛΟΣ**

1999	Μέλος της Ελληνικής Καρδιολογικής Εταιρείας
2000	Μέλος της Ελληνικής Αντιυπερτασικής Εταιρείας
2001	Μέλος της Ομάδας Εργασίας στην Ηχοκαρδιογραφία της Ελληνικής Καρδιολογικής Εταιρείας
2002	Μέλος της Ευρωπαϊκής Ένωσης της Ηχοκαρδιογραφίας
2005	Fellow της Ευρωπαϊκής Καρδιολογικής Εταιρείας

#### **ΔΗΜΟΣΙΕΥΣΕΙΣ ΑΡΘΡΩΝ**

##### **The incidence of CAD in Diabetics and non diabetics**

Simelidis D., Zoutsos D., Dodouras T., Andrikos A., Apostolidou K., Adamidis I.  
7th Hellenic Congress on Diabetes, Thessaloniki, Nov. 1993,  
Hellenic Diabetological Chronicle 1994;7:45-50

##### **Anticoagulation in Atrial Fibrillation**

Triposkiadis F., Dodouras T.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
(published in "The Iatreio", Jan. 1998)

**Left Atrial Functional Reserve in Patients with Non-Ischemic Dilated Cardiomyopathy. An Echo-Dobutamine Study.**

Paraskevaïdis I., Dodouras T., Adamopoulos S., Kremastinos D.

2<sup>nd</sup> Dept. of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

CHEST 2002; 122:1340-1347

**Effects of Dobutamine on left ventricular shape and geometry. An easy way to detect the functional status of chronic heart failure in patients with non ischemic dilated cardiomyopathy.**

Paraskevaïdis I., Dodouras T., Adamopoulos S., Kremastinos D.

2<sup>nd</sup> Dept. of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

J Am Soc Echocardiogr 2003;16:132-9

**Prediction of successful cardioversion and maintenance of sinus rhythm in patients with lone atrial fibrillation.**

Paraskevaïdis IA, Dodouras T., Tsiapras D, Kremastinos DT

2<sup>nd</sup> Department of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

CHEST. 2005, Feb;127(2):488-94

**The effect of carvedilol therapy on myocardial functional reserve in patients with advanced heart failure caused by nonischemic dilated cardiomyopathy.**

Paraskevaïdis IA, Tsiapras D, Karavolias G, Adamopoulos S, Dodouras T., Cokkinos P, Kremastinos DT

J Am Soc Echocardiogr. 2006 May;19(5):529-35.

**Carvedilol improves left atrial and left ventricular function and reserve in dilated cardiomyopathy after 1 year of treatment.**

Paraskevaïdis IA, Farmakis D, Parissis JT, Dodouras T., Filippatos G, Tsiapras D, Kremastinos DT

J Card Fail. 2007 Mar;13(2):108-13.

## **ΔΗΜΟΣΙΕΥΣΕΙΣ ΠΕΡΙΛΗΨΕΩΝ ΚΑΙ ΣΥΜΜΕΤΟΧΗ ΣΕ ΣΥΝΕΔΡΙΑ**

### **Rheumatic Diseases in everyday clinical practice – Inflammatory arthralgias**

Lambropoulos A., Dodouras T., Papadimitriou N.

Medical Society of Kozani, 23-6-1993

**(ORAL PRESENTATION)**

### **The incidence of CAD in Diabetics and non diabetics**

Simelidis D., Zoutsos D., Dodouras T., Andrikos A., Apostolidou K., Adamidis I.

7th Hellenic Congress on Diabetes, Thessaloniki, Nov. 1993

**(ORAL PRESENTATION)**

### **Bone scanning for the detection of skeletal lesions in Brucellosis**

Papachristou A., Dodouras T., Doumas A., Glaros D., Rizniotopoulos A.

14th Hellenic Congress of Rheumatology, Athens, Nov. 1994

### **Factors affecting the compliance of hypertensive patients to the drug regimen**

Makris T., Votteas B., Krespi P., Galatis D., Dodouras T., Rizos L., Ieremias D.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

5th Hellenic Congress of Arterial Hypertension, Athens, March 1996

**(ORAL PRESENTATION)**

### **The effect of moxonidine to the levels of microalbuminuria, thrombomodulin and PAI-1 in hypertensive patients**

Makris T., Krespi P., Votteas B., Moyssakis I., Dodouras T., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

18th Hellenic Congress of Cardiology, Thessaloniki, Oct. 1997

### **Low molecular weight heparin effectiveness on factor – Xa activity in patients with coronary artery disease**

Hatzizacharias A., Dodouras T., Tsoukala C., Makris T., Chronakis E., Panagiotopolou C., Mandalaki T., Kyriakidis M.

BTC – Haemost Lab, Laikon General Hospital, Medical School, University of Athens, Greece

**(ORAL PRESENTATION)**

### **Diagnosis and treatment of pericarditis by pericardial window**

Moyssakis I., Stavroulakis G., Dodouras T., Votteas B., Makris T., Dosios T., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

Mediterranean Association of Cardiology and Cardiac Surgery

10th Annual Meeting, Beirut, Lebanon, Oct. 8 – 11, 1997

### **Left atrial response to dobutamine stress in ischemic cardiomyopathy**

Moyssakis I., Triposkiadis F., Stavroulakis G., Dodouras T., Makris T., Stratigis N., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

6th World Congress on Heart Failure – Mechanisms and Management,

Geneva, Switzerland, May 17 – 20, 1998

**Response of left atrial systolic function to dobutamine stress in coronary artery disease**

Moysakis I., Triposkiadis F., Dodouras T., Stavroulakis G., Votteas B., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
6th World Congress on Heart Failure – Mechanisms and Management,  
Geneva, Switzerland, May 17 – 20, 1998

**Left atrial systolic function in idiopathic and ischemic dilated cardiomyopathy: response to dobutamine stress**

Moysakis I., Triposkiadis F., Dodouras T., Stavroulakis G., Kasparian H., Votteas B., Makris T., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
CHEST 1998, 19th World Congress on Diseases of the Chest,  
Toronto, Ontario, Canada, Nov. 8 – 12, 1998

**Right ventricular diastolic function in hypertrophic cardiomyopathy: The influence of left ventricular obstruction**

Moysakis I., Triposkiadis F., Dodouras T., Kalieris E., Kardamis C., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
6th International Conference on Non – Invasive Cardiology,  
Jerusalem, Israel, Dec. 20 – 23, 1998

**ST segment depression, ventricular arrhythmias and heart rate variability in patients with acute ischemic stroke**

Moysakis I., Stavroulakis G., Dodouras T., Triposkiadis F., Makris T., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
6th International Conference on Non – Invasive Cardiology,  
Jerusalem, Israel, Dec. 20 – 23, 1998

**Effect of left ventricular ischemia and left ventricular dysfunction during dobutamine stress on left atrial systolic function in coronary artery disease**

Triposkiadis F., Moysakis I., Dodouras T., Stavroulakis G., Votteas B., Kardamis C., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
6th International Conference on Non – Invasive Cardiology,  
Jerusalem, Israel, Dec. 20 – 23, 1998

**The influence of left ventricular obstruction on right ventricular diastolic function in hypertrophic cardiomyopathy**

Moysakis I., Triposkiadis F., Gofa M., Dodouras T., Anastasiades G., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
Education and Training Program on Clinical Evaluation and Management of Hypertrophic Cardiomyopathy, Sophia Antipolis, France 1999

**Left Atrial Systolic During Dobutamine Stress in Coronary Artery Disease: The effect of Left Ventricular Ischemia and Left Ventricular Dysfunction**

Triposkiadis F., Moysakis I., Dodouras T., Zioris H., Kardamis C., Kyriakidis M.  
Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece  
American College of Cardiology, 46<sup>th</sup> Annual Scientific Session, New Orleans, 1999

**Right and left ventricular diastolic function in Systemic Lupus Erythematosus.  
The influence of antiphospholipid antibodies**

Moyssakis I., Triposkiadis F., Boki K., Dodouras T., Vlahoyiannopoulos P., Gofa M., Anastasiades G., Kyriakidis M.

University of Athens, Medical School, Dept. of Pathologic Physiology and Dept. of Cardiology, "Laikon" Hospital, Athens, Greece.

European Society of Cardiology Barcelona, Spain, Sept. 1999

**Diastolic dysfunction in patients with diabetes mellitus and preserved systolic function.  
The influence of autonomic neuropathy.**

Moyssakis I., Triposkiadis F., Tendolouris N., Dodouras T., Gofa M., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

Mediterranean Association of Cardiology and Cardiac Surgery

12th Annual Meeting, Damascus, Syria, 1999

**Aortic distensibility in marfan syndrome**

Moyssakis I., Athanasiou A., Dodouras T., Neou P., Triposkiadis F., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

Mediterranean Association of Cardiology and Cardiac Surgery

12th Annual Meeting, Damascus, Syria, 1999

**Echocardiographic findings in systemic sclerosis**

Moyssakis I., Triposkiadis F., Dodouras T., Gofa M., Anastasiades G., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

Mediterranean Association of Cardiology and Cardiac Surgery

12th Annual Meeting, Damascus, Syria, 1999

**Incidence of combined Mitral and Tricuspid valve prolapse. An echocardiographic study**

Karagiannis S., Karagiannis E., Dodouras T.

Athens Cardiological Center, Athens, Greece

9<sup>th</sup> Congress of the World Federation for Ultrasound in Medicine and Biology

Florence, Italy, May 2000

**Sympathetic nerve traffic and left ventricular mass index in obese normotensive subjects after body weight reduction**

Moyssakis I., Drosos D., Anastasiades G., Dodouras T., Kasparian H., Kyriakidis M.

Dept. of Cardiology, Laikon General Hospital, Medical School, University of Athens, Greece

7<sup>th</sup> World Congress on Heart failure – Mechanisms and Management

Vancouver, B. C., Canada, July 9 – 12, 2000

**Echo-dobutamine study in patients with non-ischemic dilated cardiomyopathy and prognostically borderline values of peak oxygen consumption. Eighteen month follow-up study.**

Paraskevaïdis I., Dodouras T., Adamopoulos S., Anthopoulos P., Kremastinos D.

2<sup>nd</sup> Dept. of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

21<sup>st</sup> Hellenic Congress of Cardiology, Athens, Nov. 2000

**(ORAL PRESENTATION)**

**Effects of Dobutamine on left ventricular shape and geometry. An easy way to detect the functional status of chronic heart failure in patients with non ischemic dilated cardiomyopathy.**

Paraskevaïdis I., Dodouras T., Adamopoulos S., Kremastinos D.

2<sup>nd</sup> Dept. of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

21<sup>st</sup> Hellenic Congress of Cardiology, Athens, Nov. 2000

**(ORAL PRESENTATION)**

**Effects of Dobutamine on left ventricular shape and geometry. An easy way to detect the functional status of chronic heart failure in patients with non ischemic dilated cardiomyopathy.**

Paraskevaïdis I., Dodouras T., Adamopoulos S., Kremastinos D.

2<sup>nd</sup> Dept. of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

THE FORTH ANNUAL AND PLENARY MEETING OF THE W.G. ON ECHOCARDIOGRAPHY OF THE ESC, LISBON, PORTUGAL, December 6-9, 2000

**Left Atrial Functional Reserve in Patients with Non-Ischemic Dilated Cardiomyopathy. An Echo-Dobutamine Study.**

Paraskevaïdis I., Dodouras T., Adamopoulos S., Kremastinos D.

2<sup>nd</sup> Dept. of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

Euroecho 5, 5-8 Dec. 2001

**Prediction of successful cardioversion and maintenance of sinus rhythm in patients with lone atrial fibrillation.**

I. Paraskevaïdis, T. Dodouras, D. Tsiapras, S. Kyrzopoylos, K. Papadopoulos, D. Kremastinos,

2<sup>nd</sup> Department of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece

Euroecho 8, 1-4 Dec. 2004